



Rose Hetherington

I graduated from Curtin University in Western Australia with a Bachelor of Science (Physiotherapy) in 1997. Soon after graduating I moved to Launceston to work at the Launceston General Hospital before moving to Hobart 3 years later. Since then I have worked in a variety of fields including neurology, community and disability and in differing workplaces across Hobart, London and NSW central coast. Over the past 10 years I have worked for the Tasmanian Health Service before moving into private practice with Independent Kids. I am a member of the Australian Physiotherapy Association and have completed a Certificate in Allied Health Research with University of South Australia. I enjoy learning and completed Enhancing Skills in Paediatric Physiotherapy through Monash University in 2019.

I love being a physiotherapist and working with children and their families to achieve goals that make a difference. It's different for every child and it might be working on being able to stand independently or being able to walk up stairs or improving physical fitness, balance or coordination to join in a sporting activity. My aim is to identify a child's strengths and supports around them and then empower them to reach the next step towards the end goal.

I am the proud foster parent of three children, two of whom receive support through the NDIS. So I have an understanding of the NDIS from a parents perspective as well as a professional one. My partner and I have been foster carers for 8 years and have found this incredibly challenging but deeply rewarding. I also have some understanding of what it's like to be a parent of children with additional needs and all the joy and frustration and energy that this requires. As a family we enjoy the beach, our faithful labrador Essie, fishing and vegie gardening (well I do most of the gardening!).